

Woodburn School District


Heritage PreK/January 2023 Menu

Daily Breakfast

1% white milk will be served with Breakfast daily.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cold Cereal & Gram Crackers Applesauce Cup	Cold Cereal & Gram Crackers Raisins	Cold Cereal & Gram Crackers Banana	Cold Cereal & Gram Crackers Peach Cup	Cold Cereal & Gram Crackers Craisins

Lunch

2 	3 Vegan Chicken Nuggets Carrots Pineapple	4 PB&J Red Bell Pepp Fresh Pear	5 Bean Dip & Tortilla Chips Salad Mix Kiwi	6 Vegan Burrito Cucumbers Blueberries
9 Bean Tacos Carrots Diced Pears	10 Vegan Chicken Nuggets Salad Mix Orange Wedges	11 PB&J Celery Sticks Sliced Peaches	12 Bean Dip & Tortilla Chips Corn Fresh Apple	13 Vegan Burrito Cherry Tomatoes Strawberries
16 	17 Vegan Chicken Nuggets Cucumbers Pineapple	18 PB&J Salad Mix Fresh Pear	19 Bean Dip & Tortilla Chips Broccoli Ckd Sliced Peaches	20 Vegan Burrito Carrots Blueberries
23 Corn Dog Angel Bean Salad Diced Pears	24 Cheese Pizza Red Bell Pepp Pineapple	25 Cheeseburger Salad Mix Kiwi	26 Tamale & Spanish Rice Corn Tropical Fruit	27 Pizza Ripper Cucumbers Tangerine
30 Chicken Quesadilla Green Beans Fresh Apple	31 Pepperoni Pizza Red Bell Pepp Pineapple			

Snacks

Scooby Cinn Sticks String Cheese	Chez-Its Fruit Cup	Goldfish Pretzels Apple Slices	Cool Ranch Doritos Celery Sticks	Nature Valley Bar String Cheese
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This Institution is an equal opportunity provider.

This menu is subject to change without notice. All grain items are whole grain.

Items marked with an aster* may contain Pork