

WOODBURN HIGH SCHOOLS

January 2023

Lunch Menu

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|--------------------------------|---|--|--|--|---|
| Daily Special | Chuleta's & Au Gratin Potatoes w/WW Roll | Pizza* | Cheeseburger | Spaghetti & Meat sauce & WW Garlic Bread | Chicken Patty Sandwich |
| Takeout | Pizza Sticks | Chicken Nuggets 10ct & WW Roll | Chinese Takeout Szecheun Chicken & Umi Noodles | Jalepeno Bites | Fish Sandwich |
| Sandwich's or Wraps | Ham & Cheese Pocket | Grilled Cheese | Deli Wrap ▲ | Taco Snack | Turkey & Cheese Sub ▲ |
| Cold Salads ▲ | Chef Salad & WW Roll ▲ | Garden Salad w/Beans & Seed & WW Roll ▲ | Chicken Caesar Salad & WW Roll ▲ | Asian Chicken Salad & WW Roll ▲ | Hummus, Veggies & WW Flatbread ▲ |
| Vegetarian | Hummus & Chips ▲ | Yogurt Parfait ▲ | PB&J Sandwich ▲ | Peanut Butter & WW Bagel ▲ | Vegan Burrito |
| Fruits & Vegetables | Salad Mix Corn Angel Bean Salad Sliced Pears | Salad Mix Red Peppers Cucumbers Pineapple | Salad Mix Carrots Celery Mixed Fruit | Salad Mix Broccoli Garb&Pea Salad Oranges | Salad Mix Tomatoes Apples Sliced Peaches |

**This institution is an equal opportunity provider.
This menu is subject to change without notice.**

In an effort to reduce fat all hot dogs and most "ham" products are made from turkey. Pork items are marked with an asterisk.*

Cold Item ▲